

# Re:store Re:new Re:imagine - finding balance through art

*An exhibition of work created during challenging times. Exploring how art helps to transform people's lives; art making as a resource for health and well-being.*

**Thu 5 August – 3 Sept 2021**

Following the online exhibition organised in February 2021, the Willesden Gallery is pleased to present ***Re:store, Re:new, Re:imagine – finding balance through art.***

In the current climate, whilst dealing with the uncertainty and anxiety caused by the global pandemic, art can help us become more resilient and support our health and wellbeing. Now more than ever it is important to engage in mindful creative and artistic processes and bring artists together across our community.

We have invited artists living and working in London to submit artworks for our exhibition, *Re:store, Re:new, Re:imagine – finding balance through art*. Bringing together 32 works from various art forms including photography, painting, printmaking, sculpture, collage and video, the exhibition showcases both emerging and established artists. Artwork will be for sale, with all proceeds going directly to each artist.

## Featured artists:

Agnieszka Laskus  
Audrey Rangel Aguirre  
Aurelie Freoua  
Bethe Bronson  
Champa Gorla  
Danbob Clarke  
Ella Frost  
Henryk Terpilowski  
Holly Watson  
Jagruiti Modi  
Jose Gomez  
KV Duong  
Laurence Jansen  
Lily Hargreaves  
Lin Wan-Ru  
Lynn Dennison

Magdalena Gluszk-Holeksa  
Marc Fresko  
Maria Kaleta  
Marianne Simonin  
Matt Lee & Smriti Mehra  
Miranda Lopatkin  
Nicole Wassall  
Punam Singh  
Ruth Craig  
Sam van Strien  
Shereena Habib  
Svetlana Altavina  
Yvette Blumberg  
Zahrah Vawda

Curated by Nadia Nervo

For more information, please contact: [nadia.nervo@brent.gov.uk](mailto:nadia.nervo@brent.gov.uk)



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95 High Road, London NW10 2SF  
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## List of works

### **24 - Agnieszka Laskus**

Agnieszka is a multi-award winning, ARPS photographer of Polish origin. As a young adult Agnieszka travelled the world photographing people and places, she has also taught darkroom photography in the US and exhibited extensively in Europe. Her recent fascination is photographing nature, exploring ways to capture water's essence, energy and spirit. This was brought about by a period of meditative introspection.

This series emerged after a sacred water pilgrimages to France and Wales, the latter in Autumn 2020. The essence of these potent waters restores, renews and helps to find balance. Agnieszka re-imagines her original pieces by playing with symmetrical mirroring to welcome new depths of water worlds and beings.

- Title: The essence of Hope
- Dimensions: 200x150x10mm
- Medium: Digital art (print)
- Price: £250.00

[www.agnieszkalaskus.com](http://www.agnieszkalaskus.com)

IG: @agni\_las

### **23 - Audrey Rangel Aguirre**

Audrey Rangel Aguirre is an interdisciplinary artist from Mexico, working at the intersection of art and science. Currently studying a Master of Arts and Science at Central Saint Martins, Audrey has previously studied sculpture and visual arts. Having exhibited in Italy and England, Audrey's research focuses on studying energy from artistic, philosophical and technological points of view.

This work was made during lockdown to show how art and speculative projects can help humans find strength and beauty during challenging times. Carbon represents the wish to transform reality through art, being an element that is present in all matter. Carbon is an opportunity to change our perception from negative to positive and to use art as a catalyst to improve life.

- Title: Matter-Cosmos-Human Soul Fluidity 1
- Dimensions: 550x700mm
- Medium: Digital art (print)
- Price: £300.00

IG: @audreyrangelayrre

### **9 - Aurelie Freoua**

Aurelie Freoua is a French artist and performer working in London. Having completed an MA in Fine Art at Camberwell College of Arts, she collaborates with the Vortex Jazz Club and has improvised live painting in response to music during The London Jazz Festival. Aurelie curates and performs in multidisciplinary live performances merging visual art, musical performances, poetry and dance. She explores notions of the invisible and emotions through colours and harmonious compositions of form and light.

This artwork expresses the feeling of freedom that we all miss. The landscape shows a wish, a dream to travel and reconnect with nature.

- Title: Journey through Wales
- Dimensions: 457x610x4mm
- Medium: Oil on canvas board
- Price: £950.00

<http://aureliefreoua.com/>

IG: @aurelie\_art

## **26 - Bethe Bronson**

Originally from the US, Bethe Bronson lives and works in London. As mixed media artist, her work references concepts frequently associated with photography such as presence, absence, and hidden moments in time.

During the first UK lockdown she fixed a handmade pinhole camera outside her window. The aim was to capture what the eye alone cannot perceive and attempt to document this strange experience of being “locked down”. A series of 24-hour exposures, these images reveal the trail of the sun as it moves across the sky. The resulting time-lapse video documents the passage of days, weeks, months, as the sun makes its way across the sky as it has always done, as if nothing has changed.

- Title: Day In, Day Out
- Length: 00:05:01
- Medium: Video
- Price: A3 giclée prints of still images available upon request at £300.00

<https://www.bethebronson.com/>

IG: @bethebronson

## **19 - Champa Gorla**

Champa Gorla is a retired painter and artist, based in London. Willesden Green is particularly special to her as it is where she lived when she first moved to London in the early 70s.

Having always had a strong passion and love for art, Champa began painting again in 2019. Her work is influenced and inspired by her love for nature, family, people, and her memories of childhood and life experiences.

- Title: Finding the divine in everyday.
- Dimensions: 430x301mm
- Medium: Painting
- Price: N/A

IG: @champ.aart

## **4 - Danbob Clarke**

Danbob Clarke is an artist, designer and musician living in London. He has been engaging in life drawing for the last five years, working primarily in graphite and marker-pens.

Whilst studying and capturing the human form on paper, Danbob found himself in an engaged, focused, almost meditative state in which all the challenges of monotonous life during this pandemic were put aside.

Danbob feels very lucky to have found the Queer Life Drawing Conversations online drawing sessions who have provided a genuine feeling of community in these times. As the model is in their own home there is a feeling of intimacy and comfort which radiates through their poses, which he hopes is reflected in this piece.

- Title: Portrait of Kam
- Dimensions: 420x297x1mm
- Medium: Drawing
- Price: £165.00

[www.creaturecreates.com](http://www.creaturecreates.com)

IG: @danbobc

## **26 - Ella Frost**

Ella Frost's work is informed by the urge to tell the truth and warp the truth simultaneously.

Landscapes, intimate moments with friends and family members, their body and the constant questioning of identity count for the majority of their work.

Their art practice centres around sexuality, sexual health and marginality, an ongoing dialogue with and extension to their role as Community Sexual Health Coordinator for West London.

- Title: Ghosts
- Length: 00:03:10
- Medium: Video
- Price: Price on request

[www.ellafrost.net](http://www.ellafrost.net)

IG: @oozing\_thru

## 2 - Henryk Terpilowski

Henryk Terpilowski has a background in decorative arts and prop making, and in recent years has used and directed some of the skills and processes from these fields to his fine art practice.

Henryk works spontaneously using an experimental approach with materials, processes, ideas and emotions. When successful this leads to a 'perfect storm', an intuitive conclusion, an end result that, be it visually or conceptually, resonates with him and hopefully the viewer.

For this piece, Henryk revisited a previous artwork made from crumpled paper, stripping it to its shell and repurposing it by incorporating elements illustrating the current health situation and his feelings and reaction to it.

- Title: Chartam Infectus
- Dimensions: 1400x450x150mm
- Medium: Spray painted paper and plastic
- Price: £650.00

<https://henryk.crevado.com/>

IG: @ henrykterpart

## 8 - Holly Watson

Holly Watson paints using inks and fluid acrylics. Working from photographs, she explores elements of control and how a still and permanent snapshot can be brought to life through the use of water-based mediums and a heavy application of water.

Her artworks invite the viewer to appreciate the beauty in these small areas of merging, exploding colour and to celebrate that which cannot be controlled.

This work is part of a Series called 'Ways to Hold Your Own Hand.' The series was created during the first lockdown and explores ideas of being alone and the comfort you can find in your own company.

- Title: 4th Way to Hold your Own Hand
- Dimensions: 420x297mm
- Medium: Acrylic on paper
- Price: £85.00

<http://hollyelanwatson.com/>

IG: @ hollyelanart

## 10 - Jagruti Modi

Jagruti Modi is a self-taught artist who grew up in an extremely creative environment. Her mother is a dressmaker and gardener, her sister makes beautiful hand-crafted jewellery and her brother is a photographer.

Jagruti depicts coronavirus, one of the biggest pandemics to have hit the world. She has tried to show that life can be restored from nature, including animals. She uses her imagination with vivid colours that she likes in order to find balance and harmony, showing that this crisis the world is facing can be restored. She hopes people will be able to see the story she tells through her art.

- Title: World of Coronavirus
- Dimensions: 420x600x20mm
- Medium: Painting
- Price: Consideration on offer if any

IG: @agrutimodi\_paintings

### 11 - Jose Gomez

Jose Gomez is a visual artist, originally from Seville and based in London. His practice is about perception and colour, visual and conceptual. Through my paintings he explores how mindfulness as a natural quality touches our collective sense.

This painting was created during the current COVID-19 situation, which has forced Jose to restore his ideas, renew his artworks and reimagine his creations. Before the pandemic his artworks consisted of abstract paintings and were focused on personal concerns, whereas his new works focus on human figures and their surroundings. Thinking of and creating these figures brings him closer to humankind, allowing him to look forward to a better future and discover his balance through art.

- Title: In the living room
- Dimensions: 490x660x20mm
- Medium: Acrylic on board
- Price: £800.00

<https://www.josegomezart.com/>

IG: @josegomezlondon

### 25 - KV Duong

KV Duong is a London based painter. His art focuses on personal identity, war migration, sexuality and human relationships. Solo exhibitions include Streatham Space Project (2018), RB12 (2019), WSP Design Studio Residency (2019). Group exhibitions and prizes include ING Discerning Eye, Derwent Art Prize, profiled artist on the BBC's RA Summer Exhibition 2019.

Soul Mate is dedicated to his partner for his kindness and loving support.

- Title: SOUL MATE
- Dimensions: 1300x1300x60mm
- Medium: Acrylic on canvas
- Price: £2950.00

<https://www.kvduong.com/>

IG: @kvduongart

### 6 - Laurence Jansen

Laurence Jansen was born in 1981. Having grown up in Cheltenham Spa, he now lives and works in London. He completed a Foundation Diploma in Art at Cheltenham College of Higher Education in 1999, as well as a BA in Fine Art: Painting at Camberwell College of Arts in 2018.

This painting is an emotional and existential response to the conditions inflicted by the Covid-19 Lockdown during 2020. Laurence uses painting as an expressive and cathartic channel to understand the pressures of working from home, while searching for meaning within repetition and confinement. This work looks at Laurence's relationship with London, and also a metaphysical exploration of physiology, battling with restraints and the ability to let go.

- Title: In a Kneeling Position
- Dimensions: 1500x1200x40mm
- Medium: Painting
- Price: £1500.00

[www.laurencejansen.com](http://www.laurencejansen.com)

IG: @laurence\_jansen

### 30 - Lily Hargreaves

Lily Hargreaves celebrates the story-telling abilities of painting, creating images that exist in an ongoing canon to build a fictional world that plays with the gallery space as one separate from reality. Fascinated with the escapist potential of image-making, she enjoys exploring the roles of trope, symbolism and the meta in storytelling to produce filmically hedonistic or cartoonish surreal depictions of an imagined narrative set in a time that feels nostalgic and familiar, but that has never really existed. This has been particularly helpful during the pandemic, art becoming a transportive

and distractive vehicle to negotiate both the joys and struggles of isolation, or the strange way time is passing at a pace that is somehow simultaneously dragging and fleeting.

- Title: Bathroom's Flooded
- Dimensions: 450x550x20mm
- Medium: Oil on canvas
- Price: £350.00

IG: @beanbagbod

## **12 - Lin Wan-Ru**

Lin Wan-Ru was born in Taiwan but lives and works in London. Fascinated by the possibilities of photography and videography, Wan-Ru has engaged analogue dark-room techniques alongside digital images and documentary videos. With a focus on process and aesthetics, Wan-Ru has approached topics including dream, time, environment and manipulation of materials, light and photographic technologies, always questioning the possibility of the image.

This work aims to showcase nature in its true state. Rather than disguising or omitting the unsightly litter created by humans, Wan-Ru chooses to highlight it and asks the viewer to confront any feelings that may arise from this juxtaposition of natural and man-made forms.

- Title: Ouch! What's That??? Pink Plastic Bag?
- Dimensions: 460x660x50mm
- Medium: Photography (print)
- Price: £650.00

<https://rurubombltd.co.uk/>

IG: @ rurubombltd

## **26 - Lynn Dennison**

On her daily walks on Hampstead Heath during the first lockdown, Lynn Dennison noticed a renewed interest from people in engaging with the natural world. She began documenting the different ways people move through landscape in this time of social distancing; some on bikes, some running, some with families, most alone, many wearing face masks. The resulting work documents 30 days of isolation through these daily walks. Lynn documented six locations on my walk in 30 seconds of footage each day. She then collaged the footage together, forming alternative arrangements of the landscape. This work not only documents an unprecedented time in our lives through our activities in the landscape, but also the change in the landscape itself.

- Title: 30 Days
- Length: 00:13:46
- Medium: Video
- Price: £1500.00 for prints – edition of five

<http://www.lynndennison.com>

## **22 - Magdalena Gluszk-Holeksa**

Magdalena Gluszk-Holeksa (b.1990 in Poland) is a visual artist interested in ideas of identity and perception that are influenced by inherited memories and the subconscious. Her paintings and drawings evoke transitory moments within spaces that merge elements of landscape, body parts and manmade structures, where the boundary between the familiar but distant past and ever-becoming present is in constant flux. To navigate alongside and in-between subconscious and conscious thoughts is like carrying around objects with weight, volume and temperature. These works, created during self-isolation in the midst of the pandemic, explore this uncertainty as a state of mind by questioning conventional ways of knowing and perceiving that influence how we approach mental health, faith and belief systems.

- Title: Familiar
- Dimensions: 500x400mm
- Medium: Oil paint on linen

- Price: £500.00

<https://www.magdalenagluszak.com/>

IG: @magdalena\_gluszak

#### 14 - Marc Fresko

Marc Fresko is a Brent-based artist who produces kiln-fired glass in his home studio under the name OccasionallyBeautiful. This piece explores the idea of finding a balance between nature and human development – trees, bushes and flowers with beautiful blue skies on one side, contrasted with densely packed buildings with polluted skies and soil on the other. Accordingly it is titled “Re:store? The Balance Between Nature and Development”. The piece was produced by hand-cutting 150 pieces of art glass and fusing them together at 804°C – it consists of glass only – no paints, enamels, glues or anything else.

- Title: Re:store? The Balance Between Nature and Development
- Dimensions: 290mmx290mm
- Medium: Sculpture (glass)
- Price: £300.00

<http://tinyurl.com/OccasionallyBeautiful>

IG: @marcfresko

#### 27 - Maria Kaleta

Maria Kaleta was inspired by the changing state of humanity for her work. The pandemic has forced us to sacrifice our individual freedoms in order to protect our health, leading many of us to reimagine our values, codes, and relations. However, the internet has allowed us to retain some sense of normality. We could take calls, attend meetings, communicate with loved ones and share emotions with others, spurring each other on together. However, this has also fuelled our addiction to social media. Followers and likes have become therapy amidst the ongoing social uncertainty – our constant worry is whether we are heard and listened to. This experimental state of being is reflected in ‘Zoom - A Turning Point /I.’

- Title: Zoom - A Turning Point /I.
- Dimensions: 1200x600mm
- Medium: Acrylic (print)
- Price: £850.00

[www.mariakaleta.com](http://www.mariakaleta.com)

IG: @maria\_kaleta

#### 5 - Marianne Simonin

Marianne Simonin has been painting since 1995, focusing on human emotions (figurative) or meditative moods (abstract). Her art has helped her cope with the ongoing pandemic, and will serve as a reminder of this time in the years to come. She is grateful to have been able to continue working from her studio in Wembley.

Over the last few months Marianne has spent more time in bed than usual, it has been a place for dreaming, recharging, reinventing. The work ‘A bed of roses’ visualises the healing power of nature surrounding her.

- Title: A bed of roses
- Dimensions: 915x1220x38mm
- Medium: Oil on canvas
- Price: £1500.00

[www.mariannesimonin.com](http://www.mariannesimonin.com)

IG: @mariannesimoninart

### **15/18 - Matt Lee & Smriti Mehra**

Smriti Mehra is an artist and educator from Bangalore, India currently working and living in London. Her work deals with issues of labour, identity, memory and movement in the urban sphere.

Matt Lee is an artist and illustrator from London. He uses drawing, collage and photography to explore themes around presence, absence, and sense, nonsense.

Forced to stay indoors in their one-bedroom apartment in London, this photo series explores the physical, virtual, mental and emotional confines of the strange instance created by the pandemic.

Through the objects in their home the artists imply routine, repetition, anxiety, exhaustion, domesticity, technology, the inescapable political climate and the experience of time.

- Title: Here Only
- Dimensions: Two frames at 400x400mm each
- Medium: Photography (print)
- Price: £245.00 per framed print

[www.smritimehra.com](http://www.smritimehra.com)

IG: @smriti\_mehra

[www.matt-lee.com](http://www.matt-lee.com)

IG: @mattdlee

### **16 - Miranda Lopatkin**

Miranda Lopatkin has an MA in Fine Art from Central Saint Martins, and has previously exhibited with the Tate Modern, ING Discerning Eye, the National Portrait Gallery, Artsdepot Open, Kings Place and Royal Academy.

Miranda plays with the idea of altering our appearance, largely through light and shadow but inspired by tattoos and body modifications. Over lockdown she has been interested in the way we present ourselves to other people over Zoom and social media in contrast to how we may be feeling. Our emotions may change from one moment to the next as we navigate this tricky time, and this idea has been present throughout her lockdown work.

- Title: The Quiet
- Dimensions: 420x594mm
- Medium: Digital art (print)
- Price: £400.00

<https://mirandalopatkin.com/>

IG: @lopatkinmiranda

### **3 - Nicole Wassall**

Nicole Wassall has exhibited in America, Australia, China, England and Europe. Her practice is concerned with narratives around the psychology of living.

This piece documents her processing (finding emotional balance) in relation to the pandemic from a personal and broader social context. Stripping back to relatable feelings, as an offering to provide tentative steps towards healing and connection in an isolated world.

The point of no return - A precarious ladder balances against the odds. A metaphor for the uncertainty we face, as we take our next steps and reach for the golden rung, as symbol of hope.

- Title: The point of no return
- Dimensions: 900x300x300mm
- Medium: Sculpture
- Price: £1600.00

<https://wassallcom.wordpress.com>

IG: @nicole\_wassall

### **1 - Punam Singh**

Punam Singh is from Assam, India, but has lived in London for the past 20 years. The coronavirus pandemic has restricted our mobility, so our experience of space has changed and many of us have looked to nature to heal our minds and bodies. Punam is inspired by nature's ever changing and ever



evolving role for her themes, and this became very relevant in 2020. She used painting to heal her mind and reused discarded material at home such as wood and bamboo as her canvas. Art has allowed Punam to balance her creative mind with the added housework during these challenging times.

- Title: Autumn Sonata
- Dimensions: 1200x1000x40mm
- Medium: Painting
- Price: £875.00

[www.punamjart.com](http://www.punamjart.com)

IG: @punamjart

### **7 - Ruth Craig**

Ruth Craig a new sculptor who began in 2019. Having brought up 4 children she have found new meaning and balance through my art. Her sculpture is figurative, studying the human form. And focusing especially on the details of the body, curves and shapes they make.

The aim is for the audience to get a sense of peace, calm and fascination of the study of human form by making a connection to the miniature element of figurative sculpture.

Ruth has fallen head over heels for sculpture, it is truly the love of her life. Working with terracotta clay or beeswax in her hands provides her with a meditative experience. Time stands still for her while she works on a piece.

- Title: "Pace calm thought repose (Male)"
- Dimensions: 200mmx300mmx200mm
- Medium: Sculpture
- Price: £300.00

IG: @ruthcraighsculpture

### **21 - Sam van Strien**

Sam van Strien (born in Delft, the Netherlands) received his MFA in Painting & Drawing from Ohio State University, his BA in Fine Art from Central Saint Martins, and has exhibited nationally and internationally. In 2021 Sam will be an artist-in-residence at the NARS Foundation in New York City. SHe lives and works in London.

This drawing was made during the first Covid-19 lockdown. It came from photographs taken on Sam's daily walks in Hackney. He was interested in how during this time of limited travel we became more aware and conscious of - and inspired by - our immediate surroundings and local area. In his case this was the architecture, buildings and materials he came across on his walks.

- Title: A Pattern Language
- Dimensions: 470x470mm framed
- Medium: Graphite drawing on paper
- Price: £500.00

[www.samvanstrien.com](http://www.samvanstrien.com)

### **20 - Shereena Habib**

Shereena Habib is a self-taught artist based in London. Shereena mainly paints on canvas or art paper using bold acrylic colours. She uses acrylics for its technicalities, versatility and as a visual expression of her character.

Grey Skies - Grey skies are normally perceived in a negative way due to how it can make us feel in the winter months, however, it does not always have to be a dull moment. The meaning of this artwork is to illustrate that a gloomy day can also be seen in a beautiful manner.

- Title: Grey Skies
- Dimensions: 500x700mmx15mm
- Medium: Acrylic on canvas
- Price: £110.00

IG: @sherrycreativespace

### **28 - Svetlana Atlavina**

Svetlana Atlavina is an artist and art educator. Since the start of the pandemic, she has worked on a project at a mental health hospital in Cambridge, supported by Arts Council England and The Artists Information Company.

This artwork is created during the pandemic as an artist's response to online art workshops.

The book of 20 folds (11m) was created as a metaphorical reflection on the substance of online relationships. Art is inside a black archival box as an envelope of events surrounding our contemporaneity. Ink marks are applied on one side, mirrored on another by the press. The body of the book (Amazon packaging) is torn, crinkled, and creased.

- Title: Chronicles of 2020
- Dimensions: 70x460x340mm
- Medium: Sculpture
- Price: £450.00

<http://www.svetlanaatlavina.com>

IG: @altavina

### **13 - Yvette Blumberg**

Yvette Blumberg's work combines her lifelong interests of yoga and printmaking. She believes that yoga is all about renewing and restoration. It is a path towards creating balance and uniting opposites. In our physical bodies we develop a balance of strength and flexibility, discovering new patterns of behaviour and movement leading to a restoration of the mind and body.

In her prints she combines techniques of etching, mono print, linocutting and collograph. Exploring structures in urban spaces, landscapes and yoga asana she experiments with layering of texture, tones and colour.

- Title: Natarajasana
- Dimensions: 260x340x10mm (framed)
- Medium: Print
- Price: £120.00

[www.yvetteblumberg.com](http://www.yvetteblumberg.com)

IG: @yvetteblumbergprints

### **17 - Zahrah Vawda**

Zahrah Vawda works with a variety of mediums including photography and mixed media in order to explore human connections with the environment, focusing on the everyday aspects of nature.

This work is taken from her series 'Perfect,' which encapsulates the desire for wellbeing during difficult times. The series focuses on wellness, specifically setting goals in order to create the perfect morning and evening routines to cope with the uncertainty that COVID-19 created in 2020. The artist reflects on their personal goals for their morning and evening routines over a 6-month period, presented with images of a spring morning and summer evening to contrast with the reality of having to stay indoors during this time.

- Title: Perfect Morning
- Dimensions: 297x420x3mm
- Medium: Digital art (print)
- Price: £100.00 (framed)

<https://zahrahvawda.com/>