**Name: ­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ age: \_\_\_\_\_ Setting: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**What is important to me** (these are the things that increase my well-being

and make me happy, e.g. my teddy, going to see my granny, playing with my friends,

messy play, outdoor play)



**My goals and aspirations** (things I am learning to do, e.g. take my first steps, play with others, use words to express myself, use the toilet, climb to the top of the slide)

**My star moments** (what I have achieved)

**What people like and admire about me** (e.g. my smile, my pictures, I am thoughtful, caring, adventurous, affectionate, happy, creative)

help

**What helps me** (e.g. I need lots of praise and encouragement to join in activities; I am usually quiet, I need help to initiate conversations; I need you to use visual prompts to help me understand, I don’t like change, I need a visual timetable; I don’t like loud noises, please take me to a quiet area)

**What you need to know to support me**

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