

Session	Time	Date(s)	Age group	Booking details
Health Visiting	9am - 5pm	Weekly	1 - 2 years	By appointments from Health Visitors
Brent Hubs Deaf Surgery	10am – 1.30pm	Fortnightly 27 January 10 February 24 February 10 March 24 March 7 April	Adults	By Appointment
Triage Service	9am - 5pm	Weekly	All ages	Call Centre to book an appointment
WEST (Wellbeing and Emotional Support Team)	3pm-5pm	Weekly	Young People	By Appointment
Afterschool Club (Hearing children of deaf parents)	5pm-6.30pm	Weekly	All ages	By Appointment



Session	Time	Date(s)	Age group	Booking details
CAMHS under 5's service	9am - 5pm	Weekly	0-5 years	By appointments from CAMHS
Citizen's Advice Brent Independent advice in all legal matters.	9am - 5pm	weekly	Adults	Call Centre to book an appointment
Deaf Ethnic Women's Association (DEWA)	10am – 1:30pm	Fortnightly: 4 February 25 February 11 March 25 March 1 April 22 April	Over 18's	By appointments from DEWA
Building Brilliant Brains	10am-11.30am	18 February 2025	0 - 5 years	Call Centre to book an event
Childcare and Libraries event	10am-11.30am	8 April 2025	0 - 5 years	Call Centre to book an event



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Health Visiting	9am - 5pm	Weekly	1 - 2 years	By appointments from Health Visitors
Speech and Language – attention and language group	9am-12.30pm	weekly	0 – 5 years	By appointments from health professionals
Triage Service	9am - 5pm	Weekly	All ages	Call Centre to book an appointment



Session	Time	Date(s)	Age group	Booking details
Brent and Harrow Perinatal Mental Health Team	9am - 1pm	weekly	Adults	By appointment from health professionals
Oral Health event	10am – 11.30am	20 February 2025	0 – 5 years	Call Centre to book an appointment
Infant Feeding Clinic Weaning advice from Health team.	10am – 1pm	Weekly	0 – 5 years	By appointment from health professionals



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Health Visiting	9am - 5pm	Weekly	1 - 2 years	By appointments from Health Visitors
Speech and Language – attention and language group	9am-12.30pm	weekly	0 – 5 years	By appointments from health professionals
Brent Nutrition (1:1 clinic)	9am – 12pm	weekly	All ages	By appointments from health professionals



Centre information

Free vitamins are available at the centre for all pregnant women and children under 4 years old.



[Alperton Family Wellbeing Centre](#)

Ealing Road, Wembley

HA0 4PW

Phone: 0208 937 3860

Email: alperton.FWC@brent.gov.uk



[Barnardo's & Brent out of hours Family Support Helpline](#)

Telephone: 0800 158 2358

Opening times:

Mon, Weds, Friday 6pm – 10pm

Saturday and Sunday 10am – 5pm

