

Session	Time	Date(s)	Age group	Booking details
<b>Health Visiting Review Checks</b>	9am - 3pm	Weekly	As per booking	By appointments from Health Visitors
<b>Citizen's Advice Brent</b> Independent advice in all legal matters.	9am – 3:30pm	Weekly	Families	Call Centre to book an appointment
<b>Baby messy play</b>	10am – 11am	Weekly	Under 12 months	<a href="#">Book a space online</a>
<b>Small Talk</b> 1:1 with SLT	10am - 11am	Weekly	14 months +	Referrals Only
<b>Welcome to Parenthood</b>	10am – 11:30am	14 October 11 November 9 December	Expecting mothers	<a href="#">Book a space online</a>
<b>STAR supporting the assessment</b>	10am – 12pm	25 November 2024	Families	<a href="#">Book a space online</a>
<b>Women's fitness</b>	11:30 – 12:30	Weekly term time only	Women	<a href="#">Book a space online</a> Creche available
<b>Let's Talk</b>	2pm – 3pm	Weekly	14 months – 3.5 years	<a href="#">Book a space online</a>
<b>Global Skills Homework Club</b>	4:30pm – 6:30pm	Weekly	8 years +	By referrals only
<b>Mixed Martial Arts</b>	5pm – 7pm	Weekly	11 years +	<a href="#">Book a space online</a>



Session	Time	Date(s)	Age group	Booking details
<b>Midwifery Service</b>	9am - 4pm	Weekly	Expectant mothers	By appointments only from midwives
<b>Breastfeeding Support</b>	9am – 1pm	Weekly	Mothers/babies	By appointment only from Health Visitor Call 0208 102n4900
<b>Immigration Advice by Salusbury World</b>	9am – 5pm	Weekly	0 - 5 years	By appointment only
<b>Home start – bump to baby</b>	11:30am – 12:45pm	From 3 September – 1 October	New and expecting parents	Creche available
<b>Kiln women theatre project rehearsals</b>	10:30am – 12:30pm	3 December	Women project	Creche available
<b>Toddler messy play</b>	2pm – 3pm	Weekly	12 months – 4 years	<a href="#">Book a space online</a>
<b>Global Skills Homework Club</b>	4:30pm – 6:30pm	Weekly	8 years +	By referrals only
<b>Educational Mentoring</b>	6pm – 7pm	Weekly	11-16 years	By referrals only



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<b>Midwifery Service</b>	9am - 4pm	Weekly	Expectant mothers	By appointments only from midwives
<b>Health Visiting Review Checks</b>	9am - 3pm	Weekly	As per HV booking	By appointments from Health Visitors
<b>Brent and Harrow Perinatal mental health service</b>	9am – 1pm	Weekly	Parents	By appointment only from Midwife
<b>Childminder Session</b>	10am – 12pm	Weekly	Registered Childminders only	Drop in
<b>KILN theatre project</b>	10:30am - 12:30pm	From 2 October – 27 November (except 23 Oct)  4 December End of project sharing and celebrations	Women only	Creche available
<b>Childcare and libraries</b>	1 – 2:30 pm	16 October as part of the immersive story session	12 months – 3 years	<a href="#">Book a space online</a>
<b>Immersive story session</b>	2pm- 3pm	Weekly	12months – 3 years	<a href="#">Book a space online</a>
<b>Global Skills Homework Club</b>	4:30pm – 6:30pm	Weekly	8 years +	By referrals only



Session	Time	Date(s)	Age group	Booking details
<b>Midwifery Service</b>	9am - 4pm	Weekly	Expectant mothers	By appointments only from midwives
<b>Baby sensory</b>	10am – 11am	Weekly	Under 12 months	<a href="#">Book a space online</a>
<b>Building brilliant brains</b>	1am – 11:30am	17 October as part of Baby sensory	Combined with the Baby sensory session	<a href="#">Book a space online</a>
<b>Toddler Messy Play</b>	2pm – 3pm	Weekly	12 months – 4 years	<a href="#">Book a space online</a>
<b>Teen space</b>	4pm – 5:30pm	TBC	11yrs+	By referrals only
<b>Global Skills Homework Club</b>	4:30pm – 6:30pm	Weekly	8 years +	By referrals only



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<b>Midwifery Service</b>	9am - 4pm	Weekly	Expectant mothers	By appointments only from midwives
<b>CAMHS SUPPORT</b>	10am – 1pm	Weekly	Families	By Referrals only
<b>HENRY programme</b>	10am – 12pm	From 11 October for 8 weeks Term time only	0-5yrs	<a href="#">Book a space online</a>
<b>Registration drop-in and coffee morning</b>	10am – 12:30pm	Monthly	Families	Drop in
<b>Baby yoga</b>	12pm- 1:30pm	Weekly	6-12 months	<a href="#">Book a space online</a>
<b>Art with Jay TBC</b>	4pm – 5:30pm	Weekly TBC	8 years +	<a href="#">Book a space online</a>



## Centre information

- A Saturday morning offer is being developed. More information to come.
- Free vitamins are available at the Centre for all pregnant women and children under 4 years old.

## Useful Links

- [The Local Offer for Children with Special Educational Needs and Disabilities \(SEND\)](#)
- [Brent Youth Zone](#)



### [Granville Family Wellbeing Centre](#)

142 Carlton Vale  
NW6 5HE  
Phone: 0208 937 5681  
Email: [granville\\_FWC@brent.gov.uk](mailto:granville_FWC@brent.gov.uk)



### [Barnardo's & Brent out of hours Family Support Helpline](#)

Telephone: 0800 158 2358  
Opening times:  
Mon, Weds, Friday 6pm – 10pm  
Saturday and Sunday 10am – 5pm

