

Session	Time	Date(s)	Age group	Booking details
Midwifery Services at Curzon	9am - 4pm	Weekly	Expectant Mums	By appointments Only
Health Review Checks at Curzon	9am - 4pm	Weekly	1 - 2 years	By appointments from Health Visitors
Brent Health 4 Life	12pm– 13:30am	Weekly	2 – 5 years	By appointments only
Easter Egg Hunt	10am – 11:30am	7 April 2025	Families	Book a space online
Brent Connexions at Curzon Employment Support and Advice	12pm – 4pm	Weekly	16 -19-years or up to 25 years with disability	Call centre on 0208 4596813 to book an appointment
Felix Project	2pm - 4:30pm	Weekly	Families	Call centre on 0208 4596813



Session	Time	Date(s)	Age group	Booking details
Let's Talk at Curzon FWC	10-11am	Weekly	14 months- 3.5 years	Book a space online
Baby Clinic & Breastfeeding Advice at Fawood	1-3pm	Weekly	0-5 years	Drop in session
Martial Arts at Fawood	3-5pm	Weekly	8+	Book a space online
Small Talk at Curzon 1:1 with SLT	9:30-4pm	Weekly	14 months – 3.5 years	By appointment only



Session	Time	Date(s)	Age group	Booking details
Health Review Checks at Curzon	9am - 4pm	Weekly	1 - 2 years	By appointments from Health Visitors
Pop Up Arcade	11am – 1pm	9 April 2025	8+ Years	Book a space online
Citizen Advice Brent at Curzon Independent advice in all legal matters	9:30am – 4pm	Weekly	Adults	Call centre on 0208 4596813 to book an appointment
Tummy Time at Fawood	2pm – 3:30pm	Weekly	0 - 15 months	Book a space online



Session	Time	Date(s)	Age group	Booking details
Little Gardeners at Curzon	10:30am – 12am	Weekly	Families	Book a space online
Salisbury World at Curzon Advice & advocacy session for refugees and asylum seekers.	9am – 4pm	Weekly	Adults	By appointments Only



Session	Time	Date(s)	Age group	Booking details
Midwifery Services at Curzon	9am - 4pm	Weekly	New Mums + Babies	By appointments only
Theatre Show – Not an Ugly Duckling	10:30am – 12pm	11 April 2025	0 – 8 years	Book a space online
Movie Club	10:30am – 11:30pm	11 April 2025	8+ years	Book a space online



Centre information

- Free vitamins are available at the Centre for all pregnant women and children under 5 years old.
- Local offer for children with Special Educational Needs & Disability, please visit website listed below for more information <https://brent.gov.uk/children-young-people-and-families/send-local-offer>
- Foodbank vouchers – please contact reception if you need help with food, nappies, toiletries etc.



[Curzon & Fawood Family Wellbeing Centre](#)

[Curzon](#) – Curzon Crescent, NW10 9SD - 0208 459 6813

[Fawood](#) – 35 Fawood Avenue, NW10 8DX – 0208 965 9334

Email: admin@curzon.brent.sch.uk



[Barnardo's & Brent out of hours Family Support Helpline](#)

Telephone: 0800 158 2358

Opening times:

Mon, Weds, Friday 6pm – 10pm

Saturday and Sunday 10am – 5pm

