

Session	Time	Date(s)	Age group	Booking details
Midwifery Services	9am – 4pm	Weekly	Expectant mums	By appointment from Midwifery Team
Let's Talk	9:30am – 10:30am	7 April 2025 14 April 2025	14 months to 3.5 years	Book a space online
Arts and Crafts	1pm - 3pm	7 April 2025 14 April 2025	3 – 6 years	Book a space online
Felix Food Donation Food parcel support for families in need of food.	2:20pm – 4:30pm	Weekly	Families	Drop-in



Session	Time	Date(s)	Age group	Booking details
Health Review Checks	9am – 4pm	Weekly	1 - 2 years	By appointments from Health Visitors
Citizen's Advice Brent Independent advice in all legal matters.	9am – 3pm	Weekly	Adults	Call Centre to book an appointment
Busy Feet	10am – 11am	08 April 2025	18 months – 4 years	Book a space online
Messy Play (13 months – 4 years)	10am – 11am	15 April 2025	13 months – 4 years	Book a space online
Arts and Crafts (7 – 11 Years)	1pm - 3pm	08 April 2025 15 April 2025	7– 11 years	Book a space online



Session	Time	Date(s)	Age group	Booking details
Midwifery Services	9am – 4pm	Weekly	Expectant mums	By appointment from Midwifery Team
Breast Feeding Clinic	9am – 12pm	09 April 2025	0 – 6 months	Drop-in
Mini Nutrition 121 Clinic	9am – 12pm	16 April 2025	8 months – 5 years	Email: clcht.brenthealth4life@nhs.net
Golders Hill Park Trip	10am – 2pm	09 April 2025	0- 5 years	Book a space online
Story and Rhyme Time	10am- 11am	16 April 2025	0 – 5 years	Book a space online
Mixed Martial Arts	2pm – 4pm	09 April 2025	10 – 18 years	Book a space online
Movie Club	1pm -3:30pm	16 April 2025	4+ years	Book a space online
Registration drop-in Come and get help to register with the Family Wellbeing Centres.	3pm – 4pm	09 April 2025	Adults	Drop-in



Session	Time	Date(s)	Age group	Booking details
Health Review Checks	9am – 4pm	10 April 2025	1 - 2 years	By appointments from Health Visitors
Registration drop-in Come and get help to register with the Family Wellbeing Centres.	10am -3pm	10 April 2025	Adults	Drop in
Easter Fun	10am – 11:30am	10 April 2025	18 months – 4 years	Book a space online
In 2 Music	1pm-4pm	10 April 2025	10 – 18 years	Book a space online

Note: centre will be closed on Thursday, 17 April 2025



Session	Time	Date(s)	Age group	Booking details
Midwifery Services	9am – 4pm	11 April 2025	Expectant mums	By appointment from Midwifery Team
Sow & Grow with Jim	10am – 11am	11 April 2025 (to be confirmed)	5 – 8 years	Book a space online
Baby Time (0 – 12 months)	10am – 11am	11 April 2025	0 – 12 months	Book a space online
In 2 Music	1pm – 4pm	11 April 2025	10 – 18 years	Book a space online

Note: centre will be closed on Good Friday, 18 April 2025



- **Weekend offer:** Saturday sessions are now delivered at the FWC during term time, contact us for more information or [book a space online](#).
- **Free vitamins** are available at the Family Wellbeing Centre for all pregnant women and children under 4 years old
- **Triage Services** – The centre offers short term support to families to access both universal and targeted services, Drop-in and appointment

Useful Links

The Local Offer

For Children with Special Educational Needs and Disabilities (SEND)

<https://www.brent.gov.uk/localoffer>

Brent Youth Zone

<https://www.brentyouthzone.org.uk/>

Children and Family Information Service (CFIS)

Provides information and advice on a range of services for families, including childcare and early education.

<https://www.brent.gov.uk/cyp>

Holidays Activities and Food Programme

Provides free access to activities and healthy meals to eligible children during school holidays.

<https://www.brent.gov.uk/haf>

For information on Parenting Programmes please email parenting.programmes@brent.gov.uk

Church Lane Family Wellbeing Centre

Fryent School

Church Lane, Kingsbury

NW9 8JD

Phone: 0208 937 3890

Email: churchlane.FWC@brent.gov.uk

